

Families Making the Connection

No Kid Hungry

No child should grow up hungry in America, but 1 in 5 children struggles with hunger. Hunger prevents kids from reaching their full potential. Hunger is a major problem in America. But it's solvable.

Share Our Strength's *No Kid Hungry* campaign is working to end childhood hunger. You can help kids get the healthy food they need where they live, learn and play.

Access

Connect kids in need to healthy food and effective nutrition programs like school breakfast and summer meals.

Education

Through its Cooking Matters program, the *No Kid Hungry* campaign teaches families how to stretch their food budgets, shop smart, use nutrition info to make healthier food choices, and cook delicious, affordable meals.

Awareness

The *No Kid Hungry* campaign shines a spotlight on the issue of childhood hunger.

Take Action

Go to www.nokidhungry.org to find out how you can take action. Join the *No Kid Hungry* team. Sign the pledge to end childhood hunger today.

April

- Global Child Nutrition Month
- National Garden Month
- Earth Day (April 22)

Source: www.nokidhungry.org

Menus for April 2019

Sallie B. Howard School

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Breakfast Pizza, Fruit, Juice, Milk Cheeseburger on Bun Turkey Hotdog w/Beef Chili Vegetarian Beans Crispy Fries Chilled Pineapples Fresh Fruit 1% or Skim Chilled milk	Grits, Turkey Bacon, eggs, fruit, Juice, Milk Chicken Nuggets w/ Rice PB and Jelly Sandwich Mozzarella cheese stick Sweet Potatoes Green Beans Fruit Salad, Fresh Fruit, 1% or Skim Chilled Milk	Fruit Muffin, Eggs Fruit, Juice, Milk Turkey and Cheese Hoagie Mozzarella Sticks Seasoned Curly Fries Turnip greens Chilled Pears Fresh Fruit, 1% or Skim Chilled Milk	Egg and Cheese Biscuit, fruit, juice, milk Tuna Fish Sandwich w/ chips Grilled Chicken Salad w/chips Baby Carrots Corn on the Cob Fruit Salad, Fresh Fruit 1% or Skim Chilled Milk	Honey Bun, eggs, Fruit, Juice, Milk Meat Lasagna w/ garlic breadstick Chicken Soft Taco, Sp.Rice Pinto Beans Steamed Broccoli Chilled Peaches Fresh Fruit, 1% or Skim Chilled Milk
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
Oatmeal/Apple Strudel, Fruit, Juice, Milk Breaded Ravioli Chicken Salad w/Crackers Golden corn Spinach Chilled Pears Fresh Fruit 1% or Skim Chilled Milk	Banana bread, Eggs., Fruit, Juice, Milk Oven Fried Chicken w/mash potatoes Buffalo Chicken Salad Golden Corn Chilled Pears Fresh Fruit 1% or Skim Chilled Milk	Cinnamon Roll, Eggs, Fruit, Juice, Milk Spaghetti w/ Sauce/ Corn-bread muffin BBQ Chicken w/rice Caesar Salad Corn on Cob Dried Fruit, Fresh Fruit 1% or Skim Chilled Milk	Chicken Biscuit, Fruit, Juice, Milk Turkey Pepperoni Pizza Cheese Pizza Crispy Fries Black eye peas Caesar Salad Chilled Mixed fruit Fresh Fruit, 1% or Skim Chilled	Hot Cereal, turkey sausage, Fruit, Juice, Milk Beef Ribs w/ Roll Turkey Pepperoni Grilled Cheese Sandwich Sweet Potatoes Fruit Salad Fresh Fruit 1% or Skim Chilled milk
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
Cinnamon glazed French toast eggs, fruit, Juice, Milk Chicken Alfredo w/Roll Corn Dog Nuggets Spinach Steamed Broccoli Mandarin Oranges Fresh Fruit 1% or Skim Chilled Milk	Bagel, Eggs, yogurt, Fruit, Juice, Milk Chicken Patty on Bun Beef Nachos Spinach Black Beans Fruit Salad Fresh Fruit 1% or Skim Chilled milk	Waffles, Eggs, Fruit, Juice, Milk Chicken Tenders w/Roll Grilled Cheese and Waffle fries Tossed Salad, Steamed Broccoli Chilled peaches, Fresh Fruit	Hash Brown, Eggs, Fruit, Juice, Milk Mac & Cheese w/ Teriyaki Chicken wings General TSO Chicken w/ Rice Steamed Cabbage Honey Glazed Carrots Chilled Applesauce, Fresh Fruit 1% or Skim Chilled Milk	Good Friday! Holiday
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
Breakfast Pizza, Fruit, Juice, Milk Turkey and Cheese Hoagie Mozzarella Sticks Seasoned Curly Fries Turnip greens Chilled Pears Fresh Fruit, 1% or Skim Chilled Milk	Potato Rounds, eggs, Fruit, Juice, Milk Chicken Nuggets w/ Rice PB and Jelly Sandwich Mozzarella cheese stick Sweet Potatoes Green Beans Fruit Salad, Fresh Fruit,	Maple pancakes, fruit, juice, milk Cheeseburger on Bun Turkey Hotdog w/Beef Chili Vegetarian Beans Crispy Fries Chilled Pineapples Fresh Fruit 1% or Skim Chilled milk	Egg and Cheese Biscuit, fruit, juice, milk Meat Lasagna w/ garlic breadstick Chicken Soft Taco, Sp.Rice Pinto Beans Steamed Broccoli Chilled Peaches Fresh Fruit, 1% or Skim Chilled Milk	Cereal, pop tart, Fruit, Juice, Milk Tuna Fish Sandwich w/ chips Grilled Chicken Salad w/chips Baby Carrots Corn on the Cob Fruit Salad, Fresh Fruit
Monday, April 29	Tuesday, April 30			
Pancake turkey sausage dog, Fruit, Juice, Milk Beef Ribs w/ Roll Turkey Pepperoni Grilled Cheese Sandwich Sweet Potatoes Fruit Salad, Fresh Fruit 1% or Skim Chilled milk	Fruit Muffin, Eggs Fruit, Juice, Milk Oven Fried Chicken w/ mash potatoes Buffalo Chicken Salad Golden Corn Chilled Pears Fresh Fruit 1% or Skim Chilled Milk			